



CERTIFICATE OF COMPLETION

THIS IS TO CERTIFY THAT

KARSON WONG TEST

successfully completed the 8-week in-person Mindful Performance Enhancement, Awareness & Knowledge program (靜觀尖峰表現訓練課程), conducted by MindfulOcean

Hong Kong, from

Sept 6th to Nov 1st, 2022. Total teaching hours: 20

INSTRUCTOR: KARSON KA-SHUN WONG

UC San Diego Center for Mindfulness, USA
Certified mPEAK Coach

Issued: Nov 2nd, 2022

Valid Certificate ID: 34vrck8fbn
<http://www.mindfulocean.com/cert>